

Overview of Services of the Werner Otto Institut (WOI)

The Werner Otto Institute – We are here for you, if your child causes you concern:

- It is not developing the way you expected it to.
- It has trouble hearing, speaking, moving and concentrating when playing.
- Problems continuously arise in the family, in the kindergarten and at school.
- It has a congenital or acquired disability.
- It has seizures / epilepsy.
- It has severe behavioural problems.

We support children and adolescents to live in a way that is as independent and self-determined as possible.

Who we are

The Werner Otto Institute is a social paediatric centre – i.e. it specialises in the diagnosis and treatment of developmental delays and disabilities in children and adolescents as well as in advising parents. The doctors, psychologists, therapists and nursing staff work closely with registered paediatricians and other specialists, therapists, as well as children's and adolescent's psychiatrists.

How we help

We examine children and adolescents, develop a treatment plan and even provide therapies. We are well versed in rare and serious diseases and disabilities. As required, we can thus contribute and add to the evaluation and treatment at the paediatrician's.

How to reach us

An appointment at the Werner Otto Institute requires a referral from a paediatrician or a child and adolescent psychiatrist. Please fill out our registration form prior to your first appointment - you can download it from our website. Please bring your maternity record (Mutterpass) and your child's examination results along to your first visit to the Werner Otto Institute. The waiting time for an appointment can be several weeks. In the case of a very severe illness, you will quickly receive an appointment.

Treatment costs

The cost of treatment is covered by the statutory health insurance. Please bring your child's insurance card along. Please contact Ms Schuster in the secretariat before your appointment, should communicating in German not be possible. We will then clarify whether an interpreter is needed and who will carry the costs.

Contact: Ms Schuster, Tel. 5077-3145

Evangelisches Krankenhaus Alsterdorf – Overview of Services of the Child and Adolescent Psychiatry and –Psychotherapy – Parent-Child Clinic and Day Clinic

Children too can already suffer from psychological issues, such as

- Sleep- and regulation disorder
- Feeding disorder, weaning conflict
- Behavioural disorder and ADHD
- Fears and compulsions
- Emotional disorders or depressive episodes

We offer two hospital wards and a day clinic in the departments of child and adolescent psychiatry and –psychotherapy, which accept children up to the age of twelve together with their mother or father.

What does the treatment look like?

In group and individual-therapeutic activities, children and parents learn how to better deal with difficult situations. We support you in building a trusting relationship – because that is the basis for a healthy mental development.

Our team includes child and adolescent psychiatrists and –psychotherapists, paediatricians, psychologists, specialised nursing staff, speech therapists, occupational- and physiotherapists. Schoolchildren visit our clinic school throughout the treatment.

A special offer is aimed at mentally ill mothers or fathers, whose children have also developed a mental affliction. They are taken in by our ward together with their child and treated simultaneously by the therapists for child and adolescent psychiatry and adult psychiatry. The parent and child both benefit from the close coordination of the therapists.

How to reach us

A treatment in the parent-child clinic or the day clinic requires a referral from a registered paediatrician or a child and adolescent psychiatrist. We will then conduct an initial talk and decide which treatment is the best.

Treatment costs

The cost of treatment is covered by the statutory health insurance. Please bring your child's insurance card along. Please contact Ms. Schuster in the secretariat before your appointment, should communicating in German not be possible. We will then clarify whether an interpreter is needed and who will carry the costs.

Contact: Ms Christina Schulz, Tel. 5077-3146